



## February 2024

LDHH is excited to host a study entitled “Implementation of a Computer Vision System to Monitor Pain Behavior in Long Term Care”.

The lead for this study, Dr. Thomas Hadjistavropoulos, has extensive experience in the field (Ph.D., ABPP, FCAHS, Registered Doctoral Psychologist, Research Chair in Aging and Health, Professor of Psychology, Certified in Cognitive Behavioural Therapy by the Canadian Association of Cognitive and Behavioural Therapies (CACBT), Director, Centre on Aging and Health, Editor-in-Chief, *Ethics & Behavior*) and has conducted studies at our Home in the past.

This study is aimed to implement and evaluate a computerized vision system designed to detect facial pain expressions in residents who are unable to verbally express their needs to caregivers. When the system detects a suspected expression of pain in a resident, a message will be transmitted to the nursing station and signal that intervention is needed.

Participation in this study by residents, family members and staff is completely voluntary and includes use of the technology by residents and interviews/questionnaires for family members and staff.

Interviews commenced mid-January and the technology was installed on January 27<sup>th</sup>. We anticipate the study to conclude mid-February.

Pain management is a key to providing quality care to our residents and we are thrilled to be part of the technological advancements that allow for continuous improvement!

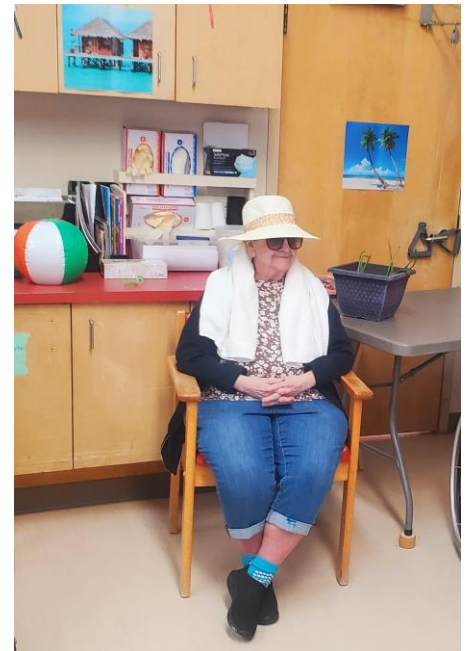


## MAKING MUSIC





Everyone was dressed the part to join in for "Hot Holiday" day!



**Public Health declared an RSV Outbreak at the Heritage Home on January 28<sup>th</sup>. At this time, only 2 of our residents have been impacted.**

### **RESPIRATORY SYNCYTIAL VIRUS (RSV)**

- RSV is a common respiratory virus that typically follows an annual seasonal pattern.
- RSV usually causes a mild illness with cold-like symptoms. Symptoms such as runny nose, coughing, sneezing, fever and decreased appetite and energy often begin 2 to 8 days after exposure to the virus.
- Typically an RSV infection will clear up on its own in 1 to 2 weeks
- Individuals who are 65 years of age or older are at a higher risk for developing severe illness from RSV and may require supplemental oxygen or even hospitalization
- People who are infected with RSV can get repeat infections

## Looking Forward Update

Dear Residents, Families and Staff

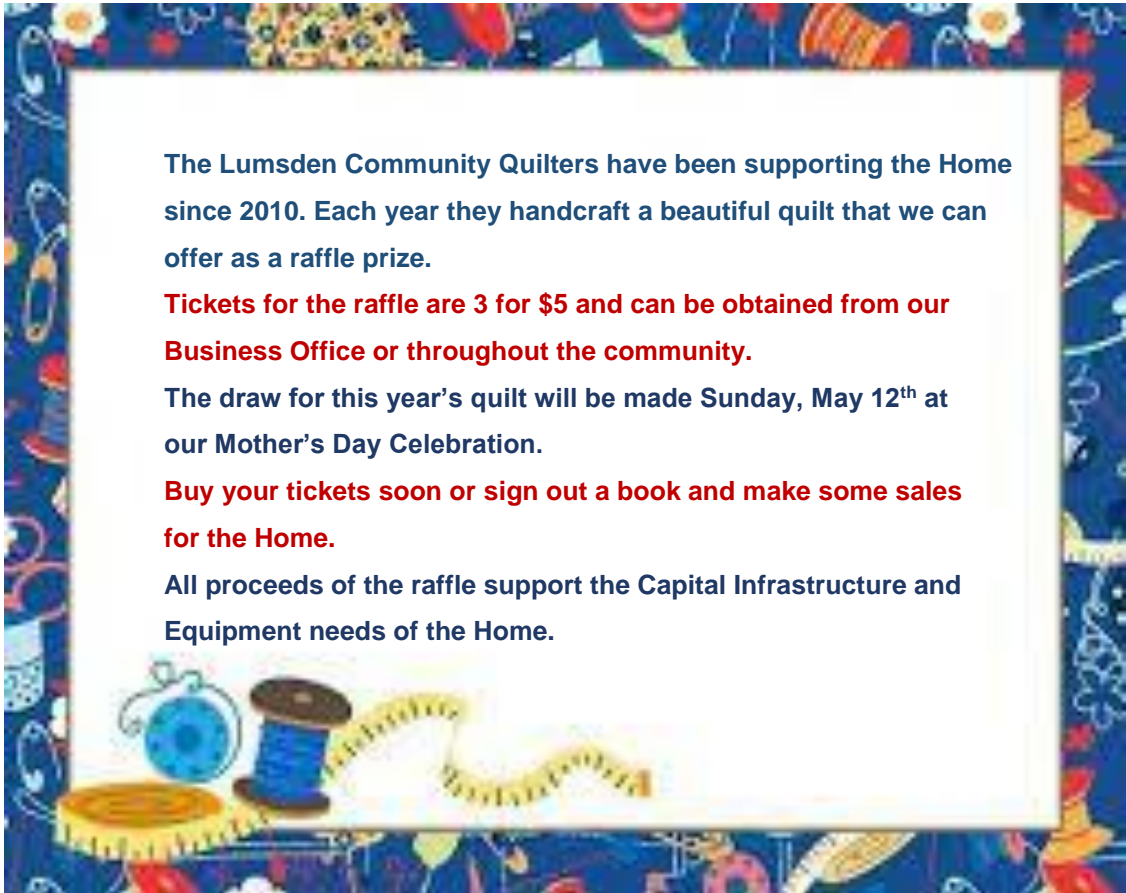
The Looking Forward committee began the new year meeting with the Lumsden-Morse MLA Blaine McLeod. Mr. McLeod conveyed the acknowledgment of the municipal advocacy letters by Minister Tim McLeod's Chief of Staff. He assured the committee that a response is forthcoming, emphasizing the significance of the municipal engagement that warrants serious consideration.

The LDHH Board expresses gratitude to those who responded to the call for assistance advocating for LDHH and the Looking Forward Project. Those interested in advocacy are encouraged to communicate directly to Hon. Tim McLeod and copy our MLA, Mr. Blaine McLeod and the LDHH Board. For additional information and access to a letter template, please email [LDHHboard@gmail.com](mailto:LDHHboard@gmail.com).

MLA Blaine McLeod remains a staunch supporter of the Looking Forward Project. He has engaged in discussions with the Chief of Staff of Minister Tim McLeod. Mr. McLeod conveyed to the Looking Forward committee that the Minister has expressed interest in scheduling a meeting during the first week of February. The purpose of the meeting is to engage with the committee and explore the possibility of reaching a shared understanding regarding the Looking Forward proposal. You can look forward to receiving a March update regarding the meeting outcome.

Looking forward with you,

Caroline Hoffart  
Communications & Strategic Planning Committee Chair



The Lumsden Community Quilters have been supporting the Home since 2010. Each year they handcraft a beautiful quilt that we can offer as a raffle prize.

**Tickets for the raffle are 3 for \$5 and can be obtained from our Business Office or throughout the community.**

The draw for this year's quilt will be made Sunday, May 12<sup>th</sup> at our Mother's Day Celebration.

**Buy your tickets soon or sign out a book and make some sales for the Home.**

All proceeds of the raffle support the Capital Infrastructure and Equipment needs of the Home.





Students from the Lumsden High School treated the residents to a TP themed fashion show 😊



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- The Earth takes exactly 365 days, five hours, 48 minutes and 45 seconds to circle the sun. The occasional Feb. 29 ensures we don't lose six hours every year
  - 4 million people in the world are leap day babies
- Leap day babies are called leapers or leaplings and there is a one in 1,461 chance of being a leap day baby
  - Every year divisible by 4 is a leap year
- But every year divisible by 100 is NOT a leap year unless the year is also divisible by 400,
  - There will be 8 years between leap years 2096 and 2104
  - Women often choose this day to propose marriage to men